

# PBF PROFESSIONAL BRIDLE FITTING COURSE



## PBF COURSE

With or without  
certification -  
For horse professionals  
and fanatic riders  
University level

Unique to this course is the knowledge gained from thousands of horses that were assessed in several contact issues and made enormous improvements by just changing parts of the bridle. It was developed by Natascha van Eijk with help of equine veterinarians and osteopaths.

This program Bridle fitting begins with creating knowledge of osteology, physiology and neurology of the horses head and neck. Knowledge of how a muscles on the horses head and neck develop and how posture of head and neck affects optimal bridle fit.

This first module is to make you understand the **why** horses differ from each other and why these individual differences are of upmost importance with the right fit of bridle. Why do some horse react on some parts of the bridle and others don't



Horseprofessional?

Online

Min 2  
Practical  
days

Practical  
assignment  
Theory exam  
Registration at the  
site  
Use of the  
registrations logo



Horse owner

Online

No examination  
No registration  
No use of the logo  
or mentioning of  
the PBF on your  
or our website



The second module is all about the **how** parts of the bridle can create more balance and stability and how the bridle relates to what is learned in part one about the anatomy and biomechanics

The third module is where the measurements and evidence of the effect of bridles is shown.

The last part is about the **what** good bridle fitting is about. The students that have all the info of the former modules have a range of bridle fits and emphasis is on providing the best solution for the individual horse and of course the rider. In the online part there are examples shown. But of course the best way to look at the whole horse and rider as a biomechanics combination is also sign in for the practical days or to follow the anatomical and biomechanics courses that we offer. These all have there emphasis on improving contact issues.

1. Duration total: half a year - a year:

- 4 modules of 4 parts
- assignments
- 2 live practical days
- live zoom meetings
- workbook
- Registration assignments